

moemas

This is just a small selection of what we have on offer on our 'freezer friendly' menu. Take a look at our current menu and feel free to get in touch should you need anything. We have gotten nothing but rave reviews from our menu so far and intend to continue being your delicious catering solution.

SOUP (only available in 1 ltr tubs – 4 servings)

- Hawaij onion and chickpea soup – R125
- Butternut, lentil and fennel soup – R125
- Celeriac, garlic and rice soup with charred lemon salsa – R125
- Chicken and parmesan soup with pasta / pappardelle – R125
- Sour lentil and chard soup – R125
- Adas bil hamoud (aka sour lentil soup) – R125
- Chicken and black-eyed bean soup – R125
- Herb, spinach and burnt aubergine soup – R125
- Pea and spinach soup – R125

MAINS (minimum of 2 servings)

- Slow cooked chicken with red pepper & harissa, topped with a gluten free sweetcorn crust – R75 pp
- Lentils, pepper & rose harissa bake, topped with a gluten free sweetcorn crust – 48pp
- Individual pulled lamb pies with puff pastry – 48pp
- Aubergine, mozzarella and pinenut polpette 3per portion – R75pp
- Slow cooked Beef short rib stew with mushrooms and baby onions – R125pp
- Orzo pasta bake with tuna, tomatoes, capers, mozzarella, and parmesan – R75pp
- Chicken phyllo pie with baby carrots, petit pois and a light bechamel – R75pp
- Chicken and coconut curry with carrots and new potatoes – R85pp – 400g portion
- Lamb, cinnamon and tomato curry – R105pp – 400g portion
- Vegetarian Curry – R75 pp

SIDES (minimum of 2 servings)

- Sweet potato bake and sage bake with cream or sage – R25pp
- Fine green beans with a caper and flaked almond topping – R35pp
- Tomato and pomegranate salad with red pepper and oregano – R30pp
- Roast romano peppers with fresh herbs, mozzarella, and a balsamic reduction – R35pp
- Confit tomato and garlic rice with spring onions – R25pp
- Tomato and garlic confit basmati rice with spring onions – R40pp
- Basmati rice with chickpeas, currants and crispy onions – R40pp

DESSERT OR TEA

- Hazelnut brownies – R35 each
- Moemas magic bars – R35 each
- Pear, apple and almond tart (individual or large available) – R55 / R165
- Chocolate babka with chocolate streusel topping – R75 per loaf
- Honey and yoghurt set cheesecake with thyme – R220
- Carrot, apple and pecan loaf cake – R65
- Scones with raisins – R65/6

**NOTE: You can still order from our old Moemas Menu
Email us for a quote or to discuss your preferred menu
info@moemas.co.za**

